



ATHOL HOSPITAL | HEYWOOD HOSPITAL | HEYWOOD MEDICAL GROUP | QUABBIN RETREAT

Community Resource Directory

General Information & Referral Services for Health Related Social Needs



Mass211 <https://mass211.org/>

Contact Information: 46 Park Street Framingham, MA 01702 **Phone:** 2-1-1 (voice)
508-370-4890 (TTY) **Toll Free:** 877-211-6277

E-mail: mass211@gmail.com

Hours: 24 hours / 7 days free service

[View the Mass211 website](https://mass211.org/)

Mass211 is an easy-to-remember telephone number that connects callers to information about critical health and human services available in their community. It serves as a resource for finding government benefits and services, nonprofit organizations, support groups, volunteer opportunities, donation programs, and other local resources.

Always a confidential call, Mass 2-1-1- maintains the integrity of the 9-1-1 system saving that vital community resource for life and death emergencies.

It is available 24 hours a day, 7 days a week, and is an easy way to find or give help in your community.

Mass 2-1-1 responds immediately during times of crisis, to field calls regarding the crisis and to direct callers to services most appropriate for their needs and provides public information and referral for health, human services, disaster/emergency response and recovery.

For more information about **Mass 2-1-1** go to: <https://mass211.org/>

Disaster/Emergency, Food Security, Housing/ Basic Needs, Mental Health, Child Care and Parenting; Call2Talk -Free, Domestic Violence Help, Transportation, Utility Assistance, Homelessness, Veterans Services to name a few resources; open 24/7, translation available in 150+ languages. Home of **Call2Talk** mental health helpline.

211 Offers Disability Information & Referral Services as well

<https://disabilityinfo.org/mnip/mnip-members/mass211/>

<https://disabilityinfo.org/mnip/mnip-members/>

[Includes programs under Masshealth, Medicare, Private Insurance, Personal Funds, Free Service: Programs include serving only in local areas, the entire state and run by a state agency.

Program type includes: Adult Foster Care, Advocacy, Aging, Applied Behavior Analysis, Case Management, Communication, Counseling, Day Care Education, Financial Assistance, Financial Planning, Food and Nutrition, Home Health, Personal Care, Home Modification, Housing, Independent Living, Information and Referral, Jobs, Legal, Medical, Mental Health,

Personal Care, Respite, Support Groups, Transition, Transportation, Vocational, Adult Day Care, Assistive Technology and Equipment, Child Care, Community Supports Program



Mass Options 1-800-243-4636 Mon-Friday 9am-5pm

Offer Resources, Employment Opportunity Resources, Legal Resources, LGBTQ Resources, Municipal and Specialized Organizations, Resource Search Tools, Mass 211, Personal and Home Care Aide State Training {PHCAST} and Homemaker online training.

<https://www.massoptions.org/massoptions/>

Behavioral Health Resources & Services

Suicide & Crisis Lifeline -dial or text 988

<https://www.masshelpline.com/> Call or text 833-773-2445

<https://www.mass.gov/community-behavioral-health-centers>

Area Community Behavioral Health

Clinical Support Options CBHC - Athol

2033 Main St, Athol, MA 01331 Phone (800) 562-0112 / 978-249-3141

Monday - Friday:8:00 am-8:00 pm

Clinical Support Options CBHC - Gardner

205 School St, Gardner, MA 01440 Phone (800) 562-0112 /978-488-8888

Monday - Friday: 8:00 am-8:00 pm

Dementia & Alzheimer's Disease Resources

<https://www.alz.org> 24/7 Helpline: 800-272-3900

<https://www.alzheimers.gov/life-with-dementia/resources-caregivers>

Veterans, Those Who Have Served in the Military & Their families

Massachusetts Executive Office of Veterans' Services {EOVS} 617-210-5480

<https://www.mass.gov/orgs/executive-office-of-veterans-services>

The above Health Related Social Needs-Services & Resources have been provided by,

For more information and speak with a Social Worker call:
Athol Hospital -978-249-1209 or Heywood Hospital 978-630-6383
or email: social.service@heywood.org for more information.