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### **PATIENT INSTRUCTIONS FOR BIOPHYSICAL PROFILE - TWINS**

QUESTIONS ABOUT THE TEST: 978-630-6235  
PATIENT SCHEDULING: 978-630-5070

EXAM DATE AND TIME: \_\_\_\_\_

DURATION OF EXAM: 30 minutes

Radiology is located on the ground floor.

#### **INSTRUCTIONS:**

- Bring a medication list to your appointment.
- Eat a breakfast and lunch to include some foods with sugar.  
(examples: orange juice, candy bar, peanut butter)
- Eat a good snack one hour before the exam

**NOTE: If only a biophysical profile is ordered, a full bladder is not required.**

To pre-register for your appointment, call Patient Scheduling at least 2 days before your scheduled appointment at 978-630-5070. Pre-registration will allow you to report directly to the Radiology Department the day of your appointment.

Please arrive 15 minutes early for your appointment.

Thank you,

Ultrasound Department