



242 Green Street
Gardner, MA 01440
978-632-3420
www.heywood.org

PATIENT INSTRUCTIONS FOR KIDNEY ULTRASOUND

QUESTIONS ABOUT THE TEST: 978-630-6235

PATIENT SCHEDULING: 978-630-5070

EXAM DATE AND TIME: _____

DURATION OF EXAM: 30 minutes

Radiology is located on the ground floor. We recommend that you park and enter the hospital by the South Entrance.

Only the patient is allowed in the examination room. No children or guests are allowed in the examination room.

INSTRUCTIONS:

- Bring a medication list to your appointment.
- You may eat a normal breakfast.
- Drink 3 (8 ounce) glass of water or clear liquids one hour before your appointment.
- **Your bladder must be full when you arrive for your appointment.
DO NOT VOID**

Clear liquids are as follows:

- Black coffee or tea (regular or decaffeinated)
- Apple, cranberry, grape juice, carbonated beverages, jello, popsicles and clear broth (bouillon cube)
- Clear hard candy

To pre-register for your appointment, call Patient Scheduling at least 2 days before your scheduled appointment at 978-630-5070. Pre-registration will allow you to report directly to the Radiology Department the day of your appointment.

Please arrive 15 minutes early for your appointment.

Thank you,
Ultrasound Department