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## **PATIENT INSTRUCTIONS FOR PELVIC & TRANSVAGINAL ULTRASOUND**

QUESTIONS ABOUT THE TEST: 978-630-6235  
PATIENT SCHEDULING: 978-630-5070

EXAM DATE AND TIME: \_\_\_\_\_

DURATION OF EXAM: 60 minutes

Radiology is located on the ground floor.

### INSTRUCTIONS:

- Bring a medication list to your appointment.
- Drink 4 (8 ounce) glasses of water or clear liquids, (total 32 oz.), 90 minutes before your scheduled appointment.

**Your bladder must be full when you arrive for your appointment.**

Example: If your appointment is at 9:30 a.m. you should start drinking fluids at 8 a.m. and be completed by 8:30 a.m.

- Eat a full breakfast or lunch (regular diet) before your scheduled appointment.

Clear liquids are as follows:

- Black coffee or tea (regular or decaffeinated) (DO NOT USE CREAM OR NON DAIRY CREAMER) MAY USE SUGAR
- Apple, cranberry, grape juice, carbonated beverages, jello, popsicles and clear broth (bouillon cube)
- Clear hard candy

To pre-register for your appointment, call Patient Scheduling at least 2 days before your scheduled appointment at 978-630-5070. Pre-registration will allow you to report directly to the Radiology Department the day of your appointment.

Please arrive 15 minutes early for your appointment.

Thank you,

Ultrasound Department