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PATIENT INSTRUCTIONS FOR PELVIC ULTRASOUND

QUESTIONS ABOUT THE TEST: 978-630-6235
PATIENT SCHEDULING: 978-630-5070

EXAM DATE AND TIME: _____

DURATION OF EXAM: 30 minutes

Radiology is located on the ground floor.

INSTRUCTIONS:

- Bring a medication list to your appointment.
- Drink 4 (8 ounce) glasses of water or clear liquids, (total 32 oz.), 90 minutes before your scheduled appointment. It takes about an hour for your bladder to be completely full.

NOTE: Do not empty your bladder before your exam. Your exam may be Delayed or postponed if your bladder is not full.

Example: If your appointment is at 9:30 a.m. you should start drinking fluids at 8 a.m. and be completed by 8:30 a.m. **Do not** empty your bladder before the exam.

Clear liquids are as follows:

- Black coffee or tea (regular or decaffeinated) (DO NOT USE CREAM OR NON DAIRY CREAMER) MAY USE SUGAR
- Apple, cranberry, grape juice, carbonated beverages, jello, popsicles and clear broth (bouillon cube)
- Clear hard candy

To pre-register for your appointment, call Patient Scheduling at least 2 days before your scheduled appointment at 978-630-5070. Pre-registration will allow you to report directly to the Radiology Department the day of your appointment.

Please arrive 15 minutes early for your appointment.

Thank you,

Ultrasound Department