



242 Green Street  
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[www.heywood.org](http://www.heywood.org)

## **PATIENT INSTRUCTIONS FOR EMG**

DURATION OF EXAM: 60 MINUTES  
PATIENT SCHEDULING: 978-630-5070  
QUESTIONS ABOUT TEST: 978-630-6275

EXAM DATE AND TIME: \_\_\_\_\_

EMG IS LOCATED IN THE NEURODIAGNOSTICS DEPT ON THE 3rd FLOOR.

### **INSTRUCTIONS:**

- ◆ Because of the nature of the exam, we do not allow children to be present during the exam. Please be advised that the waiting area is unsupervised.
- ◆ Please take your medications as instructed by your physician and bring a list of your medications with you.
- ◆ Please do not use any creams or oils on your hands or feet. These substances will interfere with the test.
- ◆ There are no restrictions on food or drink.

To pre-register for your appointment, call Patient Scheduling at least 2 days before your scheduled appointment at 978-630-5070. Pre-registration will allow you to report directly to the Neurodiagnostics Department the day of your appointment.

Please arrive 15 minutes prior to your exam.

Thank you,  
Neurodiagnostics Department