



242 Green Street
Gardner, MA 01440
978-632-3420
www.heywood.org

PATIENT INSTRUCTIONS FOR PULMONARY FUNCTION WITH METHACHOLINE

DURATION OF EXAM: 90 MINUTES
PATIENT SCHEDULING: 978-630-5070
QUESTIONS ABOUT TEST: 978-630-6548

EXAM DATE AND TIME: _____

THE PFT LAB IS LOCATED ON THE 2nd FLOOR IN THE HEART AND VASCULAR CENTER.

INSTRUCTIONS:

Prior to coming in for testing, you will need to **STOP** taking some of your medications:

- ◆ **STOP 72 HOURS** prior to testing:
Allegra (regular & D), Benadryl, Bromfed, Claritin (regular & D), Clarinex.
Over the counter cold, cough and sinus medications, Zyrtec etc.
- ◆ **STOP 48 HOURS** prior to testing:
Advair, Foradil, Serevent, Spiriva, Symbicort, Theo-24 (long acting), Tilade
(nedocromil), Uniphyll (long acting).
- ◆ **STOP 24 HOURS** prior to testing:
Accolate, Atrovent, Proventil repetabs, Singulair, Theo-dur (intermediate acting).
- ◆ **STOP 12 HOURS** prior to testing:
Liquid Theophylline.
- ◆ **STOP 8 HOURS** prior to testing:
Albuterol, Combivent, Intal (cromolyn sodium), Maxair, Proair, Proventil,
Terbutaline, Ventolin, Xopenex.
- ◆ **If you have questions about any respiratory medications not listed, please call
978-630-6548 or 978-630-6516.**
- ◆ AVOID ALL CAFFEINE THE DAY OF YOUR TEST
- ◆ NORMAL DIET – NO FASTING NECESSARY
- ◆ DO NOT SMOKE for at least 24 hours prior to testing.
- ◆ Bring a list of medications with you.
- ◆ You may resume your asthma medications after your testing is completed.

To pre-register for your appointment, call Patient Scheduling at least 2 days before your scheduled appointment at 978-630-5070. Pre-registration will allow you to report directly to the PFT Lab the day of your appointment.

Please arrive 15 minutes prior to your exam.

Thank you,
Respiratory Department