



**Heywood Healthcare**

*Athol Hospital / Heywood Hospital / Heywood Medical Group*

## **PATIENT INSTRUCTIONS FOR A ULTRASOUND GUIDED LIVER BIOPSY**

**EXAM DATE AND TIME:** \_\_\_\_\_

**DURATION OF EXAM:** 60 minutes

Radiology is located on the ground floor.

**Please follow the Pre-Procedure Instructions for Liver or CAT scan biopsies:  
for Liver or CAT scan biopsies:**

- Arrive in Surgical Day Care (SDC) 1 hour prior to your scheduled procedure time. Surgical Day Care is located on the ground floor of the hospital.
- Nothing to eat or drink after midnight the morning of your procedure. You may take your morning medications with sips of water. **\*\* Please refrain from taking any Diabetes medications on the morning of your procedure as you will not be able to eat or drink until 3 hours after your procedure is completed \*\***
- All blood thinning medications must be stopped 7 days prior to your procedure (Aspirin, Motrin, Ibuprofen, Advil, Celebrex). Prescribed blood thinning medications such as Coumadin, Eliquis, Plavix or Xarelto must be stopped at the discretion of your doctor. If these medications cannot be stopped you must notify the doctor who ordered your Liver Biopsy.
- You will need labs drawn (CBC, PT/INR, PTT, HEP) within 30 days of your procedure. These measure your Platelets, clotting time and liver labs.
- Expect to stay in SDC for 4 hours after your procedure for observation. During this time you will be on bedrest and not be able to eat or drink for the first 3 hours.
- Arrange for a ride home. If you do not have a ride available, the procedure will have to be rescheduled. You may have one adult with you in Surgical Day Care. No visitors or family members are allowed in the procedure room.

**QUESTIONS ABOUT THE TEST: 978-630-6235**

**PATIENT SCHEDULING: 978-630-5070**