

HANDLE WITH CARE

North Central _ North Quabbin
MAY 2024

www.heywood.org/handlewithcare



Handle With Care presents an opportunity to help children exposed to trauma through improved communication and collaboration between law-enforcement, emergency departments, schools, and when identified, mental health providers.



Honoring in May...



**FIRST RESPONDERS:
HWC LAW ENFORCEMENT
AND
EMERGENCY DEPARTMENT**



Law Enforcement Data Tracking Since 2019

**19-20 school year - 79 students
20-21 school year - 86 students
21-22 school year - 124 students
22-23 school year - 360 students**

**HWC LAW
ENFORCEMENT
23-24 SY THROUGH
APRIL:**

**307 YOUTH
IDENTIFIED**

**-----
CUMULATIVE
YOUTH IDENTIFIED
SINCE IMPLENTING
2019:
956 YOUTH
IDENTIFIED**



**HWC EMERGENCY
DEPARTMENTS:
Athol & Gardner
April:**

156 YOUTH VISITS

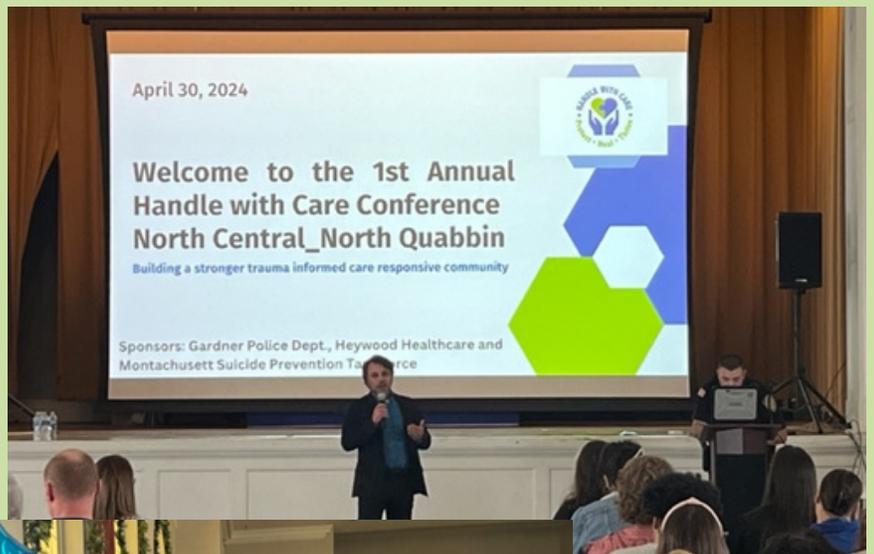
**-----
OF THE 156 YOUTH
VISITS, NEARLY 7% WERE
BEHAVIORAL HEALTH
AND/OR SUBSTANCE
USE NEED.**

Update - 1st Annual Conference



The HWC NC / NQ 1st Annual Conference was a tremendous success, drawing an audience of over 95 attendees!

- A big thank you to our very own Michael Ellis, who served as the Master of Ceremonies.
- The event featured 5 outstanding speakers: Dr. Forkey, Susanne Bahnan, Ed Jacobs, Tara Rivera, and Kyle Moody, along with special guests Christie Cutting and Bil Gardiner.
- Generous sponsorship was provided by the Gardner Police Department, Heywood Healthcare, and the Montachusett Suicide Prevention Task Force.
- Swag provided by Ctr for Child Well Being & Trauma



Update & Future Training



On April 18, Susanne Bahnan, DA Early's Outreach Coordinator, delivered Trauma-Informed Responsive Care Training to Nursing professionals, Community Health Workers, and First Responder students.

Sponsored by: DA Early's Office, Heywood Healthcare, and Mount Wachusett Community College.



Upcoming Training:

Stay tuned for a FREE webinar by Susanne Bahnan tailored for nursing professionals, providing CEUs.

Update - HWC PSA



Heywood Healthcare and HWC NC_NQ leadership team partnered with Communication Media students from Fitchburg State University to create a Handle with Care public service announcement for community stakeholders.

Keep an eye out for the upcoming premiere!

Generously Sponsored By:



Update - Collaborative Members



Shining the Spotlight and Sending Congratulations:

- **May 16: Heywood's Michael Ellis was awarded Citizen of the Year by Greater Gardner Chamber of Commerce.**
- **May 16: Heywood's Miranda Jennings was awarded the Michael Gerry Unsung Hero Award by Greater Gardner Chamber of Commerce.**
- **May 21: Narragansett Regional School District is being recognized as Massachusetts School Wellness Champion! The district will be recognized at The Healthy Kids, Healthy Programs Summit on May 21, 2024.**

If you or your organization has an achievement to celebrate, please email renee.eldredge@heywood.org

Update - be there Campaign



NQC3 is a partnership with Athol Hospital, GAAMHA and YMCA- Athol providing a collaborative effort to bring a variety of resources to:

- 25 yo - 65 yo for direct services: behavioral health and substance use disorder need.
- And engages with adolescents and families through the be there campaign stigma work.

To view the Campaign presentation, [click here.](#)

Sponsored By:

*NQC3 project is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS)



Resource

HEYWOOD'S SCHOOL BASED SERVICES TELE-BEHAVORIAL HEALTH PROGRAM



Heywood's school based programs offer youth support with mental health needs, medical needs, substance abuse treatment, youth mentoring and community resources. Even though our program is school based, we do offer services year round. Our school-based Community Health Workers & Youth Mentors serve as care coordinators and resources specialists for students, families and the schools.

We are based in several local school districts, please [click the icon below](#) to learn more.



Contact us at:

E: sbtelehealth@heywood.org or
sbhc@heywood.org

P: (978) 630-6151

F: (877) 591-1958

Resource

Beth Tyson



TRAUMA CONSULTING

Various webinars and podcasts available,
find more at the website below.



Resource



Drug Endangered Children Training Series

FOR ALL PROFESSIONALS

National Alliance for Drug Endangered Children invites you to participate in this Drug Endangered Children (DEC) Training Series. Each of these free, online trainings will provide quick, easy information to help in identifying and intervening on behalf of drug endangered children.



- [National Alliance for Drug Endangered Children Video Business Card](#)
National Alliance for Drug Endangered Children's video business card describes our organization's efforts and the services we provide.
Length: 2½ minutes
- [Who Are Drug Endangered Children?](#)
In less than 5 minutes you can learn who are drug endangered children are and why they need your help.
Length: 5 minutes
- [What's New in Blue: Season 2 Episode 5 | Drug Endangered Children featuring Lieutenant Eric Nation \(retired\)](#)
During his law enforcement career Eric Nation witnessed numerous cases of children who suffered physical or emotional harm as a result of drug use. The impact of what he witnessed became such a concern that he left policing to focus his efforts on training others to identify at-risk children and coordinating the various systems and disciplines that intervene and provide services to these children and families.
Length: 17 minutes
- [Building Rapport](#)
Professionals share ways to build rapport and trust with children in order to talk to them about addiction.
Length: 5 minutes
- [Looking Beyond Behavior](#)
Children exposed to substances require care and treatment. In this video professionals share how to look beyond behavior to provide care and nurture to children.
Length: 4 minutes
- [Removing Stigma](#)
Addiction is a chronic disease. Professionals share why removing stigma is critical to creating safe space to encourage treatment and recovery to break the cycle of addiction or substance misuse.
Length: 3½ minutes
- [There is Always Hope](#)
Professionals share the effects of cycles of substance use disorder and substance misuse. Learn how help, hope and support can break those cycles through care and treatment. There is always hope..
Length: 3 minutes

National Alliance for Drug Endangered Children also offers 4 free online, interactive training modules ranging from 30-45 minutes each. They can be accessed at <https://nationaldec.org/training/online-training/>.

National Alliance for Drug Endangered Children provides training and technical assistance to professionals in efforts to bring help, hope and support to children, families and communities. Learn more about what National Alliance for Drug Endangered Children can offer at www.nationaldec.org.

Applicable fees apply for trainings and technical assistance.

Resource



Summer Junk Journals

Learn how to use decorative papers, washi tape, stickers, book pages, and recycled materials to start a summer junk journal. Plus go home with the materials you need to keep creating.

Wednesday
June 26
3-5pm
Ages 12-18



Athol Public Library
568 Main St, Athol MA 01331
athollibrary.org/teens
978-249-9515

In Partnership With



Suggested Reads



Click [here](#) for the PACES Podcast and
Article links below:

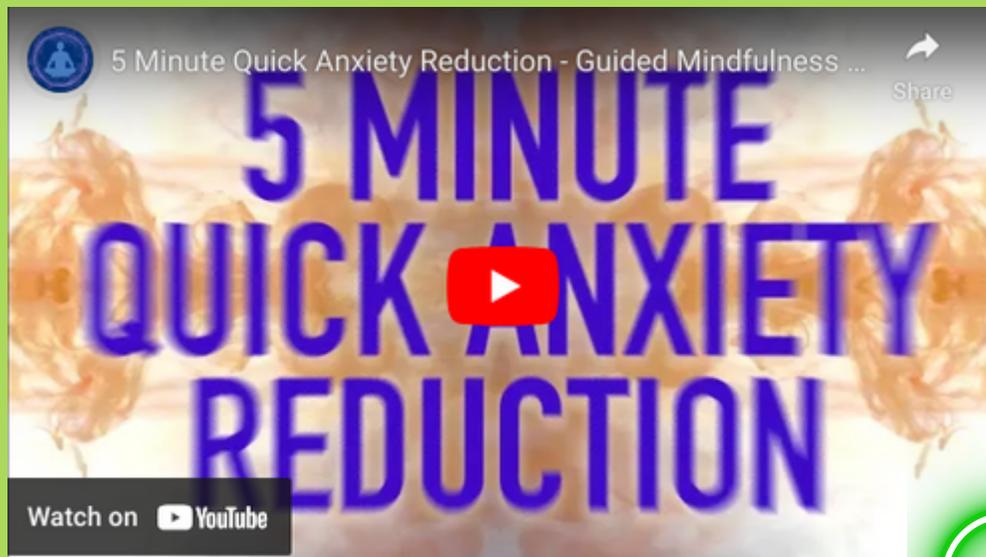
[NEW RESOURCE ON SOCIAL
DETERMINANTS OF CHILD
HEALTH AND
ACCOMPLISHMENT](#)

[WHO CAN MAKE A
DIFFERENCE IN THE
LIVES OF CHILDREN
& YOUTH](#)



Thursdays at 4pm EST, Listen Live
Hosted by Ingrid Cockhren & Mathew Portell

Self Care



Do you have self-care tips to share with the collaborative, please email Renee, renee.eldredge@heywood.org, to add in next quarterly newsletter, thank you!

First Responder Resource

PTSD911 is a powerful new documentary film that tells this story from first hand accounts with first responders themselves.

<https://ptsd911movie.com/>



**[CLICK HERE FOR FIRST RESPONDER
WELLNESS PODCASTS](#)**

Community Engagement

**Gardner Domestic Task Force,
Gardner Police Department,
Greater Gardner Community
Action Team, Bil Gardiner and AJ
Ali, Producer/Director are
collaborating to bring
to the Greater Gardner area:**



**WALKING WHILE BLACK:
L.O.V.E Is The Answer**

Premiere coming in 2024!

**To learn more about this
movement, please [click here.](#)**



Creation Corner



**HWC Training Video - How To Create Forms
developed by Gardner Police Department:**

Form Creation PowerPoint

**If interested in this resource, please
contact:**

Officer Spain

e: rspain@gardner-ma.gov





Scan the QR code to access valuable resources such as PowerPoints, online training, and HWC forms on Heywoods' HWC webpage at www.heywood.org/handlewithcare.

Upcoming Events



May 21, Tuesday

DA Early's Student Safe Summit

Anna Maria College, Paxton

8:30am-1:30pm

Register here:

<https://lp.constantcontactpages.com/ev/reg/smcgecs>

May 21, Tuesday

Montachusett Suicide Task Force meeting

Gardner Senior Center, 294 Pleasant St. Gardner

3:30pm-4:30pm

May 23, Thursday

Open Sky Community Services:

Mental Health Awareness Picnic in the Park

Monument Park, Gardner

11:00am - 2pm

June 4, 2024, Tuesday

HWC quarterly in person meeting, 10am

Location: Ashburnham Police Department

99 Central Street, Ashburnham

(zoom link is offered for those who can't attend in person)

Email renee.eldredge@heywood for meeting invite



Handle With Care:
Promote safe &
supportive
environments
that protect children
with trauma. Send
those notices!

Collaborative Members



The Handle with Care collaborative consists of first responders, community-based organizations, school districts and District Attorneys offices supporting youth in the North Central_North Quabbin areas.

Partners include: Ashburnham-Westminster School District * Ashburnham Police Department * Athol Police Department * Athol-Royalston School District * Athol YMCA * Barre Police Department * Boys & Girls Club * CAPs Collaborative Schools* Clinical Support & Options * Fitchburg State University * Gardner Police Department * Gardner Public Schools * Heywood Healthcare * Holy Family Academy * Mahar Regional School District * MOC Early Education * Mount Wachusett Community * Narragansett Regional School District * North Quabbin Community Coalition * North Brookfield Police and North Brookfield School District *Northwestern County: District Attorney, David Sullivan * Orange Police Department * Parent Professional Advocacy League * Petersham Police Department * Phillipston Police Department * Quabbin Regional School District * Royalston Police Department * Templeton Police Department * Orange Police Department * Westminster Police Department * Winchendon Police Department * Winchendon School District * Worcester County: District Attorney Joseph Early's Office

