



242 Green Street  
Gardner, ma 01440  
978-632-3420  
[www.heywood.org](http://www.heywood.org)

**PATIENT INSTRUCTIONS CT SPINE**

QUESTIONS ABOUT THE TEST: 978-630-6235

PATIENT SCHEDULING: 978-630-5070

EXAM DATE AND TIME: \_\_\_\_\_

DURATION OF EXAM: 30 minutes

CT Garrison Suite is located on the ground floor of the Watkins building.

PREGNANCY: If you may be pregnant, please inform your doctor before having this examination.

DIABETES: If you are a diabetic, it is important to notify the Radiology Department because your appointment time may be affected.

**INSTRUCTIONS:**

- If a doctor has ordered lab test to be done, please have the labs done a few days prior to your CT appointment.
- Bring a medication list to your appointment.
- Nothing to eat or drink three hours before the scheduled appointment.
- Oral medications may be taken with 1 – 2 ounces of water.
- Please wear clothing without metal, such as snaps and zippers. Loose clothing with an elastic waistband is the most comfortable for this exam.

To pre-register for your appointment, call Patient Scheduling at least 2 days before your scheduled appointment at 978-630-5070. Pre-registration will allow you to report directly to the Garrison CT suite the day of your appointment.

Please arrive 15 minutes early for your appointment.

Thank you,  
CT Department