



242 Green Street Gardner

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[www.heywood.org](http://www.heywood.org)

PT INSTRUCTIONS FOR NUCLEAR MEDICINE SPECT SCAN

PATIENT SCHEDULING: 978-630-5070

MEDICATION QUESTIONS: Please call your ordering doctor

**\*\*Plan on being here 3 to 4 hours for the examination\*\***

EXAM DATE AND TIME: \_\_\_\_\_

Radiology is located on the ground floor.

INSTRUCTIONS:

- Bring a list of your medications with you.
- Wear comfortable clothes – NO shirts with metal buttons or zippers.

Please check with your doctor regarding which medications you should NOT take.

NOTE: If you are scheduled for nuclear medicine stress test with Lexiscan, Adenosine, or Persantine:

**\*\*\*No caffeine for 24 hours before your test (No decaf either – it has caffeine in it)\*\*\***

**\*\*\*theophyline medications for 48 hours before test\*\*\***

(theophyline is a breathing medication pill or inhaler)

- If your test is booked for morning; nothing to eat or drink after midnight.
- If your test is booked for 12:30 p.m. or later, nothing to eat or drink after 8 a.m.
- If you are diabetic, you may have 1 slice of dry toast and 1 cup of clear liquid (e.g. water, ginger ale) up to 1 hour before the test.
- There will be a waiting period between image portions of the test; you may want to bring something to do for example: reading material, handheld game, etc. You will not be able to leave the hospital between images as an IV line will be accessed throughout the 3 hours of exam.

To pre-register for your appointment, call Patient scheduling at least 2 days before your scheduled appointment at 978-630-5070. Pre-registration will allow you to report directly to Radiology Department the day of your appointment. Please arrive 15 minutes prior to your exam.

Thank you,

Nuclear Medicine Department