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**PATIENT INSTRUCTIONS FOR NUCLEAR MEDICINE THYROID SCAN**

QUESTIONS ABOUT THE TEST: 978-630-6235

PATIENT SCHEDULING: 978-630-5070

**\*\*\*THIS TEST REQUIRES THAT YOU COME TO THE HOSPITAL ON 2 DAYS\*\*\***

Day one is (2) appointment times -- 1<sup>st</sup> appt to receive pill (approximately 10 minutes)  
-- 2<sup>nd</sup> appt for images (approximately 1 hour)  
Day two is (1) appointment time -- for uptake (approximately 15 minutes)

Day one appointment date and time: \_\_\_\_\_ Return: \_\_\_\_\_  
Day two appointment date and time: \_\_\_\_\_ Return: \_\_\_\_\_

Radiology is located on the ground floor.

**PREGNANCY:** If you may be pregnant, please consult your doctor before having this exam. Please inform the technologist if you are breast feeding before the start of your exam.

**INSTRUCTIONS:**

- Bring a medication list to your appointment.
- No thyroid medication one month prior to the exam.

If there is any question regarding the patient staying off the thyroid medication for one month, the ordering physician should discuss the case with the radiologist.

- No contrast media for 3 months prior to the appointment.
- No shellfish or iodinated medications. Example: cough medicine -- 24 hours prior to the appointment.

To pre-register for your appointment, call Patient scheduling at least 2 days before your scheduled appointment at 978-630-5070. Pre-registration will allow you to report directly to Radiology Department the day of your appointment.

Please arrive 15 minutes prior to your exam.

Thank you,

Nuclear Medicine Department